

On the road

The newsletter of Open Road published for staff, volunteers, service users, partners and supporters



**Spotlight – Ian Stevens, Essex
Appropriate Adult Duty Officer**

**Open Road Harlow's Walled
Garden Project**

**Open Road Hosts High
Sheriff Visits**

**High Sheriff of Essex visits
Colchester's SOS Bus**



'Sarah, with Jess'

Welcome from the Chief Executive



'Photograph kindly donated
by Mark Palmer Photography'

Contact Mark on: 01728 621166
The Guildhall, Market Hill, Framlingham
Woodbridge, Suffolk, IP13 9BD

We have had yet another busy three months and I am delighted to announce that we have retained our young people's service in Medway as a subcontractor of NELPT (North East London Partnership Trust). We sadly said goodbye to Simon Ablitt, Service Manager Medway after a number of years undertaking various roles within Open Road. Nicha Dyett is now leading the Medway team.

We were also successful in a new partnership with RAPt, who have now rebranded to be called The Forward Trust. This is for services in the Kent prisons, and Open Road will take the lead at Cookham Wood Young Offenders Institute, which is an exciting new venture for us, commencing on 1st October.

We are delighted to announce that we will shortly be having a new SOS Bus for Chelmsford, which is currently being refurbished to include a medical centre. This will be ready in early September. This will enable us to treat more people in the City Centre on Friday and Saturday nights, preventing A & E attendances and will hopefully encourage new volunteers to work on the project. Our grateful thanks to all our funders who have supported this project, which includes the Police and Crime Commissioners funding, Essex County Council, Chelmsford City Council, Essex Community Foundation and Fowler Smith and Jones Trust. We still need to raise further funding for this project and have a number of applications submitted to charitable trusts.

We were delighted to welcome Simon Hall, High Sheriff of Essex to our Head Office site towards the end of May, where he met a number of staff, volunteers and clients and heard about all the numerous projects we provide across Essex. Our grateful thanks to Simon for giving up his time to visit us and for all his continued support.

We also welcomed Geoffrey Probert, High Sheriff of Suffolk, again to our Head Office site at the end of June to meet our staff and volunteers and find out more about the services we offer in Suffolk in partnership with the CRC (Community Rehabilitation Company). Thank you to Geoffrey for taking the time to visit and provide us with support.

Thanks to Chelmsford City Council for funding Terry Hemmings to undertake a pilot project around street drinkers and homelessness around the City Centre. Terry currently runs the Colchester Street Drinkers project and has a wealth of experience in dealing with vulnerable people - we wish him every success.

Our Annual Charity Ball will take place on Saturday 7th October at Le Talbooth in Dedham. If you are able to attend or support this event, with an auction or raffle prize, please contact Nici Hardie on 01206 369782 or e-mail nici.hardie@openroad.org.uk

Our AGM will take place on Monday 16th October at 8.30am at Colchester United Football Stadium. Our speaker is Elizabeth Burton-Philips, author of "Mum, can you lend me twenty quid - what drugs did to my family". Definitely worth reading and do come along to hear Elizabeth's very moving story.

Our next newsletter will be published in November, 2017, so please do let me have any interesting articles you wish to have published.

Best wishes,

Sarah Wright, Chief Executive

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By please call: **01206 369782**

Spotlight – Ian Stevens, Essex Appropriate Adult Duty Officer



My journey with Open Road began just under 3 years ago when I walked into the Clacton centre looking for support from many years of difficulties with alcohol and substance misuse.

It was November 2014 and I found myself in Clacton,

initially homeless and staying at the night shelter, still struggling. It was recommended I attend Open Road to seek support. After a few months, once my head started to clear a little, I committed not to give up and to be open minded to any help that was offered. Over the coming months, I worked closely with my keyworker, attended a variety of different group activities, including a day on the Pioneer boat hoisting sails, tackling the rock climbing wall in Colchester and recovery walk from Clacton Pier to Walton and back. I also received invaluable support from my peer mentor and from others in early recovery.

A year on, I applied to be a Recovery Volunteer at our Clacton Centre. My previous work had been for the NHS and pharmaceutical industries in a variety of challenging roles, but for a number of years I had been in and out of work while I struggled with consequences of alcohol and substance misuse and doubted how I would explain these gaps to any prospective employer. I was relieved that at Open Road, I could be myself and be open about the difficulties I had experienced and also had some personal empathy with the difficulties and challenges that clients face. I started volunteering 2 days a week and immediately felt welcomed as part of the team, helping out with phone calls, drop in and supporting the clients. Clacton had recently

undergone a refurbishment and I helped with the finishing touches to make the centre welcoming.

I was keen to take up the opportunity of the training courses offered and attended a number of training days and 'on the job training'. Within 3 months, I was fortunate to be offered a paid position as a Substance Misuse Worker, initially 3 days a week. This was quite a steep learning curve, but I always felt supported by the team to learn the new skills required. Five months into my new role, I was asked to also help out for a couple of days a week in the Chelmsford centre, while still working at Clacton. I transferred to Chelmsford full time last November on a fixed term until last March as an opiate Substance Misuse Worker.

I particularly enjoy working with the clients and while this can have its own challenges, it also has rewards. I was pleased to support 3 clients through Sharp rehab and beyond. After my contract finished in Chelmsford, I took up a volunteer position at the Vange centre for 2 days a week, supporting drop in and was able to assist with some assessments and data input support.

Last month, I left my volunteering role in Vange and joined the Appropriate Adult Team in a paid role as a duty call officer, working with volunteers to provide support for vulnerable adults and young people detained in custody with the police or border force agencies in Essex.

Throughout my journey, I have been fortunate to be supported by dedicated and well trained teams and have found both job roles fulfilling and worthwhile and look forward to the challenges the future brings.

Ian Stevens, Essex Appropriate Adult Duty Officer

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'The Turning Point' – a Personal Viewpoint

Most of us only recognise a turning point in the life of someone we love in retrospect. The fall and broken hip that signalled a downturn for my elderly uncle's health; the type 2 diabetes that quickly resulted in amputations and illness for other older relatives, including my father; the surprise breast cancer that affected a younger friend so badly that she is still frightened even though she has been in remission for over six years. However, I do recognise that my sister's turning point has come. It has always been my practice to phone her before visiting, so she and her friend can tidy themselves and the little place where they live. My sister used to be embarrassed if I thought she lived in a "hovel". However, this makes no difference now: she is slumped in front of the TV day and night and her poor friend is shouted at if she so much as tries to wash a dish when the "telly" is on, let alone Hoover the floor. Thank goodness for the little dog who is at least walked twice a day, so all is not completely lost!

The guilt wells up in me as my feet stick to the small spot of carpet that isn't covered in junk, and I decide to refuse the coffee, as I don't fancy needing the loo. I would love to help her clear out the little flat, especially as she habitually collects other people's junk and throwaways as well as her own, and every surface is covered in dust, beer cans, ashtrays and her "knick-knacks that might be worth something one day." But two things stop me from even offering: firstly, it is so dirty that I wouldn't know where to start, and with her emphysema and the dust and dirt that would be kicked up, she would have to go away for a day or two and that's not possible; secondly, it is her home, and by drawing attention to the state it is in, I



am insulting her. I have tried gently suggesting that I take a few bags away for her, or hire a car and do a few trips to the dump, but the response has always been "oh, it's not too bad really."

Also, the fact that she doesn't feel up to washing the flat, or herself, very much now is signalling something about her health, her breathing, her energy levels and her mental state. Still waiting for a bus pass after over a month, she is really trapped now, as walking any distance is impossible. So my visits revolve around chasing up what she is due, like the bus pass, and having conversations about our childhood, her current friends ("dropping like flies, they are"), the daily doings of others in her little block of flats, looking at photos of my grandchildren (no, they don't visit her any more) and general chit-chat. If and when she goes to bed after I visit and thinks about our afternoon, I want her to remember the friendship, not feel embarrassed about the dirt, or sad because I have judged her. The time for that has long passed. The turning point is here. No Portuguese holiday with me this year, she admits – "just not up to it, dear".

Anonymous

Publication of the 2017 Drug Strategy

Open Road welcomes the publication of the long awaited new Drug Strategy, which was launched Wednesday 12 July 2017, by Home Secretary Amber Rudd.

Recovery remains at the strategy's heart. However, it also commits to tackling drug-related deaths and places greater emphasis on harm reduction and evidence-based treatment options.

The report recognises that we have an increasingly ageing and vulnerable cohort of service users requiring treatment that meets their individual needs.

Open Road welcomes the inclusion of a targeted approach for evolving and emerging drug trends including image and performance enhancing drugs

(IPEDs), misuse of prescribed medication and new psychoactive substances.

The publication of the strategy is accompanied by the Department of Health's new clinical guidelines for the management and treatment of drug dependence. Open Road feels that this emphasises the strategy's clear commitment to deliver effective and evidence based treatment.

Joni Thompson, Clinical & Business Development Director

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Zen and the Art of Organisation Observation

“Back for another Zen session are we?”

I smiled inwardly a little and reflected on how my weekly presence at the Queen Street drop-in centre, where I was performing a series of organisation observations, must be viewed by the staff, volunteers and clients.

The observations, which simply involved sitting and watching what happens between people in group situations, were a key research part of my Masters Degree in Management and Organisational Dynamics at Essex University. I returned to University study in 2016 after a gap of thirty-four years, concerned at how I might integrate with students who were, mostly, at least thirty years my juniors but excited to try out some of my ideas, developed over a management career in commercial companies, within an academic environment. My course in the University's Centre for Psychoanalytic Studies, combines management theory with concepts of psychoanalytic theory which explore how our minds develop from infancy and how this goes on to influence our behaviour and responses as adults. Although the popular view of psychoanalysis is a one-to-one relationship; the patient on a couch and an analyst, there is an important branch that uses the theory to try to understand how and why our behaviour as individuals changes when we become members of teams or groups.

Returning to study gave me an opportunity to seek out new opportunities and experiences and I particularly wanted to gain knowledge of Not for Profit organisations and the charity sector. I was privileged that, in permitting me to observe different levels and groups throughout the organisation, Open Road allowed me to investigate the sometimes complex area of interaction between staff, volunteers and trustees. Rightly, myself, Essex University and Open Road were all concerned to ensure that confidentiality issues were effectively handled and I was required to obtain ethical approval from the University for my work and then to agree the detailed process to ensure anonymity and confidentiality with Sarah Wright before observations began.

At Queen Street, over a four-week period at the same time and the on the same day each week, I sat in the same spot on the sofa in the corner of the reception area. The staff and volunteers knew what I was doing but the clients coming through the door viewed me as just another client waiting for an appointment. I subsequently also observed management team meetings, trustee meetings and a Friday night shift on the SOS bus.



I learnt many things over the series of observations. A lot of them were about myself and we were positively encouraged to think both about the impact we had as an observer on what we were observing (sitting on a sofa meant I couldn't exactly be a fly-on-the-wall) and, in turn, the feelings and emotions that our observations produced in us.

In psychoanalytic terms, I reflected on how Open Road established and maintained boundaries, both around and within the organisation. Boundaries may be both physical and psychological, often they are aligned but in situations where they clash it can cause anxiety or stress within the organisation. And the clients recognise the boundaries. It may be physically easy for clients to walk into the drop-in centre (an open door, no appointment required, a location in the middle of Colchester) but the client has to take the emotional decision to cross the boundary themselves, once they are ready and with recognition of their situation and acceptance of the support they will receive.

I was also able to observe another important psychoanalytic concept, that of holding and containing environments. These evolve through early childhood as our relationships with parents and other carers develop and remain important throughout

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our lives as they provide security, safety, the ability to express and receive emotions and spaces for thought and creative expression. I observed how staff at Queen Street handled confused and highly anxious clients with complex dependency needs, accepting their emotional stress and outbursts, containing these and handing them back to the client in a way that reduced anxiety and enabled the client to reach a more positive frame of mind. In less emotionally dramatic ways I saw similar processes working at management and trustee level. Here the environment provided the ability to express an honestly held opinion or idea, for it to be valued by the people present and discussed in a proactive way to agree a resolution. This uniformity of environment across an organisation is one indicator of a consistent organisational culture.

I took many things away from the experience. A humility in the close proximity I had with the clients who, to be honest, previously I would have avoided, admiration for how the staff and volunteers handle people with complex and difficult needs, understanding that operating a charity is much more complex than just doing good deeds and wide-eyed amazement at just what goes on in Colchester High Street at 02:30 in the morning.

I am indebted to Sarah and Robert for agreeing to give me this opportunity and to Anna, Joni, Martin, Leigh, John, Nici, Steve and Kev, amongst many others, for their help and support in my work.

Tim Claridge, MA Student, Essex University

Open Road Hosts High Sheriff Visits

This summer, Open Road was delighted to welcome two high profile visitors to their head office in Colchester - High Sheriff of Essex, Simon Hall and High Sheriff of Suffolk, Geoffrey Probert.

High Sheriff of Essex, Simon Hall visited our head office in May where he met with our Chief Executive, Sarah Wright to hear about Open Road's early beginnings back in 1990 and how we have continued to grow and prosper over the years. Simon had lots of questions for Sarah and was very interested to hear about all the services we offer. Over a buffet lunch, Simon met some of our staff, as well as recovery champions, volunteers and clients from our various centres and hear their stories and their treatment journeys and hopes for the future. Simon said he thoroughly enjoyed his time with us and has very kindly continued his support, with introductions to likeminded charities and organisations.

Simon's visit was closely followed in June by High Sheriff of Suffolk, Geoffrey Probert who met with Sarah and our Chair of Trustees, Robert Smith. Geoffrey's visit was due to have been quite short with other commitments but we are pleased to say that the visit lasted 2 hours during which time he also met with some of our staff.

We are very grateful to both Simon and Geoffrey for giving their time to us, with diaries which must be extremely busy during their year as High Sheriff of their respective counties.



High Sheriff of Essex, Simon Hall



High Sheriff of Suffolk, Geoffrey Probert



Simon Hall, High Sheriff of Essex meeting staff

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Open Road Harlow's Walled Garden Project

Harlow Open Road is very proud to launch an exciting new garden project alongside Harlow Town Park.

Harlow Council's Education & Volunteer Officer, Mike Levett has been instrumental in helping us acquire space in the Walled Garden at Harlow Town Park. We have also been successful in gaining funding from Big Lottery's Celebrate programme, which supports projects that celebrate communities by bringing people together - the funding allowed us to purchase a variety of plants, flowers and tools, and we were ready to go!

The project is led by our fantastic project volunteer, Anita Bailey who says, "We found as a group that the 'back to basics' theory reflects the clients' journey to recovery in lots of ways - as in nature, you have to nurture your health back. Our garden group helps clients maintain a structure in their weekly routine to recovery. Our plant selection was a group effort - we chose the flower called Lucifer as a centre piece as drink and drugs are seen to be the devil for some, we have two amazing roses called 'Peace' and 'Gemma'. We have grown a great selection of vegetables including spring onions, carrots, peppers and white strawberries, that taste of pineapple called Pineberrys. We have also created a sensual garden in Harlow Town Park including Lavender and Eucalyptus."

Anita added that, "Watching the garden grow has been such a rewarding experience, each week the group can see new growth in our produce. The garden group also practice Mindfulness and I talk the group through breathing techniques for calmness and we have a five minute body scan each week so clients can learn new coping skills. Gardening can help everyone, regardless of age or disability, it helps general well-being and the light gardening tasks that we do is good exercise. The 'back to basics' approach and new gardening skills learnt definitely creates a team effort and has helped clients communicate in their new sobriety self. Clients that attend make a real effort to work together and support each other, both in practical activities and personal stories to help with their recovery journey. There is a lot of natural motivation in gardening, it enhances wellbeing and is a great way to stay healthy in mind and body."

As the project goes from strength to strength, we wish to thank Mike Levett and Big Lottery Celebrate for supporting this project. Also, huge thanks to Anita for all her hard work and never ending enthusiasm, and to our clients who have shown brilliant green fingered skills, helping to turn our areas of the Walled Garden and Harlow Town Garden into bright summery oasis!



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High Sheriff of Essex visits Colchester's SOS Bus

High Sheriff of Essex, Simon Hall paid a visit to Colchester's SOS Bus on Friday evening, 28th July, which is operated by Open Road on Colchester's High Street on weekend nights, 8.30pm through to 4am. During his visit, Simon met our dedicated, hard working team of volunteers and SOS Bus welfare manager, Steve Wood to hear all about the service and how we help vulnerable revellers in Colchester town centre.

Simon was very impressed with the service and how well the team interacted with the public, helping those in need as well as engaging with passers-by, handing out bottles of water and raising the profile of this popular, very vital, local service. We are really grateful for Simon taking time out of his very busy schedule to meet our SOS team, we really enjoyed having him as a member of the team for his stay with us.



The SOS Bus team with High Sheriff of Essex, Simon Hall (middle of back row, in hat)

'SWEAT' Team attends Steroid Use & Public Health Conference: The Power of Visual Communication

On 14th June 2017, we attended a conference relating to steroids and performance enhancing drugs at Birmingham University.

This mini adventure was a great opportunity for our new team (for the Steroids, Weights, Education and Therapy project, 'SWEAT' for short) to get together and bond over a cuppa on the train. Once we arrived, we were blown away by the sheer vastness of the university and managed to find our way to the lecture theatre. The place was already full of professionals from all over the country and we were excited about what to expect from the lecture. It did not disappoint.

There were presentations from various speakers; regarding IPED (Image and Performance Enhancing Drugs) use in general, the importance of the visualisation of health messages, along with practical tips for working with this client group. The conference highlighted the fact there is a lack of robust evidence on which to base our work and interventions with these clients, who are often hard to reach, and sometimes do not view themselves as a typical 'drug user'. Through ongoing networking with other agencies and continued research into IPEDs, we will be able to share knowledge and learn from each other as we progress this new service.

The importance of visual communication was a key feature at the event, exploring the impact of well thought out materials on engaging clients. Eye catching posters and other visuals were shared with



attendees, and following enquiries with the relevant people after the conference, Open Road have been granted permission to incorporate and use some of these in our work.

As a result of our networking, we have been in contact with another organisation that runs a similar service to SWEAT, and have been invited to attend their quarterly forum and visit their service. We have also linked with a research fellow, based in Australia specialising in steroids and performance enhancing drugs, who has expressed a keen interest in following our progress.

We are excited to see how our project grows and develops over the coming months... so, don't SWEAT it, watch this space!

Leah Vincent, Donna Wilson & Afka Ray, 'SWEAT' Project Team

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Fundraising Feast!

Colchester sandwich shop, Feast are supporting the SOS Bus service by donating all money raised each time customers buy a Feast carrier bag for their lunch! As Feast advertises in the shop, "if you don't need one you will be helping the environment but if you do, you will be helping a local charity (Colchester SOS Bus)". A win win for everyone! Our thanks to Feast for this brilliant fundraising idea, every penny raised will be used to fund the vital work the SOS Bus service does.

If any other local businesses might like to support the SOS Bus in this way, do please get in touch with us on info@openroad.org.uk or by phone 01206 369782.

NCS fundraises for the SOS Bus

Our SOS Bus Coordinator, Kevin Shepherd recently met with the National Citizen Service (NCS) and gave a brief tour and talk/interview to about a dozen young people on the SOS bus, explaining what we do and how our SOS service helps weekend revellers in Colchester and Chelmsford town and city centres as well as the local communities. NCS are a UK Government voluntary personal and social development programme for 15-17 year olds in England and Northern Ireland and were very interested in what the SOS service offers.

NCS also did a sponsored run recently and raised an amazing £275 for the SOS Bus service via their JustGiving page – thanks so much to you all for giving your time and energy to raise these much needed funds for us! The team met Kevin to present a rather large cheque, as you can see from the photo!

If you would like to learn more about NCS and the work that they do, the link to their website is: www.ncsefftrust.co.uk



Colchester's Purple Dog Pub Quiz Success for the SOS Bus

Long time SOS Bus supporter, Colchester town centre pub, Purple Dog held a fundraising quiz night in July to raise funds for Colchester's SOS Bus service. We had 12 SOS bus volunteers there to support the event and there was a great turnout, with a total of £223.02 was raised for the bus.



Huge thanks to Purple Dog's management, staff and regulars for holding such a brilliant night, raising money to ensure the SOS Bus continues to support Colchester's night time weekend revellers! Purple Dog regularly hosts busy quiz nights and raises funds for a wide variety of amazing local worthy causes. If interested in attending

a future event, the website is - www.thepurpledogpub.co.uk

Open Road to work in partnership with The Forward Trust in Kent

Open Road is pleased that we have been chosen as a sub-contractor to work in partnership with The Forward Trust (formerly RAPT) to provide a substance misuse support service to the young people of HMYOI Cookham Wood in Kent, for the next three years. Open Road's team will work with young people experiencing substance misuse issues, providing non judgemental services, with the aim of improving health and wellbeing, and in turn have a positive impact on their lives on release.



The Forward Trust already delivers adult services within the prison environment in Kent and we are therefore very proud to be able to support their aims and aspirations in also helping young people within the prison system, to improve their circumstances.

Medway Young People's Service – Open Road Partnership Success

Open Road is really pleased to announce that the new provider of the Medway Young People's service, North East London Foundation Trust (NELFT), has sub-contracted Open Road to continue to provide this service, which has proved very successful in supporting young people in Medway who have substance misuse issues.

Our hard working, dedicated Medway team will continue to operate out of our Gillingham centre. Open Road very much looks forward to working in partnership with NELFT to ensure that we provide young people in Medway with the same caring, non judgemental services that they have accessed in recent years.

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New SOS Bus for Chelmsford SOS Welfare service

It's exciting times for Open Road's Chelmsford SOS Welfare Service, which is based in Chelmsford city centre on weekend nights supporting weekend revellers, as a new bus has been bought!

The service, which is mainly supported by our team of dedicated volunteers, currently operates out of a mini bus and an ambulance in the city centre. The new bus will be purpose built specifically to our service's needs and to the same high specification as our Colchester SOS Bus. The new bus will mean that we are able to help even more people on Friday and Saturday nights (and bank holidays Sunday nights) in a safe, friendly environment with a resident medic on board too in case medical attention is required.

We wish to sincerely thank Essex County Council, Chelmsford City Council, the Essex Police and Crime Commissioner, Essex Community Foundation and Fowler Smith & Jones for generously supporting the funding of this new vehicle, and for sharing our vision of how this new and improved service will hugely benefit vulnerable people in Chelmsford.



New Chelmsford bus - current condition



Colchester SOS Bus

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Open Road gets ready to celebrate at our Charity Ball

We are delighted to announce that our ever popular annual Charity Ball takes place this year on Saturday 7th October, at Le Talbooth in Dedham.

Last year's event raised an amazing £13,000, which is our highest ever amount and this year we are hoping to beat that record! Tickets, which include a three course gorgeous dinner in stunning surroundings, with dancing to our live band, The Steve Linton Band, until the wee small hours are now on sale, at £65 each, and are already selling. Tables of 10 and 12 can also be booked. Last year's event sold out quickly, we would love to see you there this year! It's a really fun, lively event which also raises vital funds for our charity - if you would like to book tickets, please don't hesitate, to contact us on 01206 369782 or by email to info@openroad.org.uk

We will also hold our very popular auction and raffle during the evening, where every penny raised goes to support our services. Prizes at previous balls have ranged from holidays, Ferrari and Lamborghini driving experience days, balloon trips, Afternoon Tea at The Savoy, iPads/tablets, mobiles, through to spa experiences and theatre / sporting tickets, and many more. If you would like to donate a prize (through your business or personally) to the event, do please contact us on 01206 369782. Our supporters, old and new,

Charity Ball

Saturday 7th October 2017
Le Talbooth, Gun Hill, Dedham CO7 6HP

Sparkling Drinks Reception
7.00 pm for 7.45 pm
Carriages at 1.00 am

Dinner & Dancing to The Steve Linton Band
plus an Auction and Raffle

Tickets at £65 per person
Tables of 10 and 12

Dress Code: Black Tie

To book your tickets contact: **01206 369782**
info@openroad.org.uk
12 North Hill, Colchester, CO1 1DZ

All proceeds will go towards supporting Open Road's projects to reduce the harmful impact of drugs and alcohol

Registered Charity No. 1019915

open road
your journey to recovery

really do make the event as successful as it is. We thank all our donors individually within the evening's Programme of Events, which our guests receive, as a thank you for your generosity to our charity.

New Starters and Leavers from May 2017

We would like to extend a warm welcome to:

Donna Wilson – SWEAT project
Georgina Moore – Harlow
Martin Kyei – Vange
Sian Schofield-Hales – Vange
Andrew Joliffe – Colchester
Karen Osborne – Vange
Mariann Payne – SOS Bus Team Leader
Willow Carlisle – SOS Bus Team Leader
Samantha Aylott – SOS Bus Team Leader
Emma Agius – SOS Bus Team Leader

And we congratulate staff on new posts:

Nicha Dyett - Team Leader for the Medway Young People's team following Simon Ablitt's departure.
Emma Thetford - Recovery Support worker in Chelmsford

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And bid farewell and thank you to:

Sharon Goddard – Chelmsford

Alan Purcell – Vange

Lisa Martin – Vange

Claire O’Conner – Chelmsford

Simon Ablitt - Medway

Georgina Moore – Harlow

Sheila Power – Appropriate Adults

Mark Hayes – Chelmsford

Aura Gaskin-Barber – Colchester

Desmond Lewis – SOS Project Chelmsford

Training with Open Road

The following are forthcoming training opportunities with Open Road.
To book a space please contact your Line Manager / Volunteer Co-ordinator.
All bookings are made via nicola.rosewarne@openroad.org.uk.

Monday 17th September

First Aid Training *New Course Details*

Available to all staff and volunteers.

9am to 4pm

Held in Open Road, Mansard House,
107-109 New London Road, Chelmsford CM2 0PP

Monday 11th September

Needle Exchange Training

Please be advised that priority will be given to new Centre staff and volunteers who will be required to perform needle exchanges.

10am to 4pm

Held in Open Road, Mansard House,
107-109 New London Road, Chelmsford CM2 0PP
Staff/Volunteers must attend both am and pm sessions.

Saturday 7th October 2017

Information Governance Training

(It is mandatory that all staff and volunteers attend an Information Governance session)

*Please note this course has been moved from
Wednesday 11th October and is now at Head Office*

Morning Session 09.30 to 13.00

Afternoon Session 13.30 to 16.30

Held in Open Road Head Office, 12 North Hill,
Colchester CO1 1DZ

Saturday 2nd December 2017

Information Governance Training

(It is mandatory that all staff and volunteers attend an Information Governance session)

*Please note this course has been moved from Thursday
7th December and is now at Head Office*

Morning Session 09.30 to 13.00

Afternoon Session 13.30 to 16.30

Held in Open Road Head Office, 12 North Hill,
Colchester CO1 1DZ

Tuesday 12th December

Needle Exchange Training

Please be advised that priority will be given to new Centre staff and volunteers who will be required to perform needle exchanges.

10am to 4pm

Held in Open Road, Mansard House, 107-109 New
London Road, Chelmsford CM2 0PP

Staff/Volunteers must attend both am and pm sessions.

Tuesday 13th March 2018

Needle Exchange Training

Please be advised that priority will be given to new Centre staff and volunteers who will be required to perform needle exchanges.

10am to 4pm

Held in Open Road, Mansard House, 107-109 New
London Road, Chelmsford CM2 0PP

Staff/Volunteers must attend both am and pm sessions.

To book a space please contact your Line Manager / Volunteer Co-ordinator. All bookings are made via nicola.rosewarne@openroad.org.uk

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Forthcoming Events with Open Road:

Events

Open Road Charity Ball

Saturday 7th October

7pm

Le Talbooth, Dedham

Open Road AGM

Monday 16th October

8.30am

Colchester Community Stadium
(home of Colchester United FC)

The Next issue of On the Road will be published in November 2017. Please send any articles, ideas and comments to sarah.wright@openroad.org.uk

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